

Are You Ready for Spring?



Warmer weather means a more carefree way of living for most of us. It's great to get outside! We want to enjoy the [outdoors](#) as much as we can while the days are long. Depending on what area of the country you live in, there are certain things you can do now to get ready for spring and the warmer weather. Figure out what works best for you and keep it simple over the warmer months.

Spring is here, can you feel it? Even though for many, winter still seems to have a hold on us, soon enough we will be feeling that beautiful spring [sunshine](#) on our faces. I love the changing of the seasons, a change in seasons marks an energetic shift in our environment and in ourselves. Here are a few things that you can do, which will help you [feel](#) so great about springtime!

Getting Ready for Spring Checklist

Activity to Consider	Yes	No
I will check that my air conditioners and fans are working properly.		
I will freshen my house by cleaning drapes and blinds, giving everything a good dusting and polishing.		
I will clean the windows or arrange for a window cleaner.		
I will pack away all those winter clothes and blankets and bring out the lighter bed linens and the summer clothes.		
I will get any painting that needs to be completed indoors, before the weather becomes too humid.		
I will make a list of any seeds, bulbs, plants and other items related to my garden.		
I will store the outdoor snow and sports equipment for the season and bring out the barbecue, lawn furniture, planters and any decorations for the outside.		
I will have the foundation, roof and windows checked for any repairs that need to be completed		
I will rake up leaves and debris that have collected over the winter months or hire someone to help.		
I will have my snow tires removed from my car.		

* See how you rate. Make sure to complete anything you have said Yes to so you are ready for the summer months!